

# Wind Down

Unwind. Discover. Save

## HEALTHCARE

He Who Has Health Has Hope, and He Who Has Hope Has Everything!

In the hustle and bustle of our busy lives, we often forget the most important asset we possess: our health. Whether we are working professionals, managing our homes, pursuing education, or enjoying retirement, our bodies work tirelessly, supporting us 24 hours a day, 365 days a year. Yet, we sometimes neglect the care and attention our bodies truly deserve.



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**BSS GYM**  
Al Ghubrah



**BALANCE MUSCAT AYURVEDA AND YOGA CENTER**  
Al Khuwair



# WEEKEND BRUNCH

**19 OMR**  
*net per person*

*Additional* **15 OMR**  
For special beverage package

*Friday, 25 September 2026* | 1 PM - 5 PM

LIVE DJ ENTERTAINMENT | KIDS ACTIVITIES AT FAMILY BY JW  
INCLUSIVE OF POOL ACCESS FROM 12 PM

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**BRISTOT CAFE**  
Jawharat A'Shati Complex



**TREE OF LIFE**  
Ghala | Ruwi



**GPT**  
GROUP

PRESENTS

IN ASSOCIATION WITH VENTURE ENT & ORO EVENTS  
AN UNFORGETTABLE MUSICAL NIGHT

**FRIDAY**  
**25<sup>TH</sup> SEP**

A PREMIER LIVE  
CONCERT EXPERIENCE

**07** PM  
ONWARDS

# Jashn-E-Mehfil

LIVE SUFI & BOLLYWOOD EXTRAVAGANZA

# RAMAN KAPoor

EXPERIENCE

VENUE - THE GRAND SPHERE, AL FALAJ HOTEL, RUWI  
WHATS APP HOTLINE - **7222 9542**

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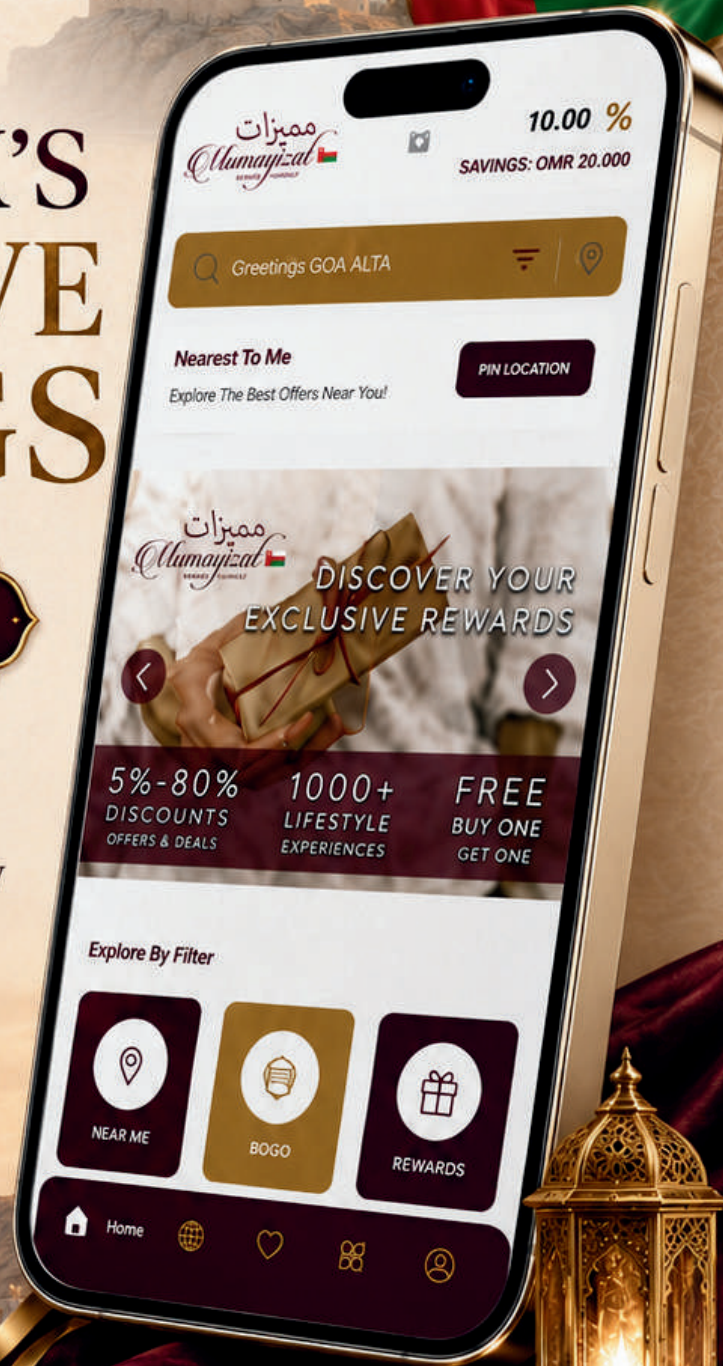


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